

# SPETSATHLON 2017 - Spetses Triathlon Sprint

7/05/2017, 10:00

General Division

Rank	Rank Sex	Rank Cat	Bib	Surname	Name	Cat.	Swim	T1	BIKE	T2	RUN	TOTAL TIME	GROUP
1	1	1	318	SOUVATZOGLOU	GRIGORIS	M25	00:10:36	00:01:00	00:42:55	00:00:44	00:17:34	01:12:51	
2	2	2	150	GKOTZIAS	SPYROS	M25	00:11:16	00:00:55	00:45:32	00:00:42	00:18:39	01:17:07	Athens Triathlon Team
3	3	3	135	DIMOPOULOS	PANAGIOTIS	M25	00:10:37	00:00:52	00:47:48	00:00:34	00:17:54	01:17:47	A. ISMAILOS A.E.
4	4	1	143	GAREFIS	CHRISTOS	M60+	00:11:50	00:00:56	00:44:49	00:01:02	00:19:21	01:18:00	
5	5	1	203	LAVDAS	GIORGOS	M	00:12:58	00:01:21	00:47:27	00:00:50	00:17:24	01:20:03	
6	6	1	110	ANDREADIS	STELIOS	M50	00:11:56	00:01:04	00:47:54	00:00:50	00:19:22	01:21:09	Athens triathlon team
7	7	1	130	DAMORAKIS	MANOUSOS	M35	00:14:02	00:01:24	00:46:40	00:00:54	00:18:16	01:21:18	
8	8	4	145	GIANNOPOULOS	VASILIS	M25	00:14:26	00:01:21	00:47:28	00:00:52	00:18:58	01:23:07	Sportgallery
9	9	1	192	KOSTIMPAS	KONSTANTINOS	M40	00:12:30	00:01:42	00:49:25	00:01:12	00:18:25	01:23:16	
10	10	2	326	ARGYRIS	ALEXANDROS	M40	00:13:23	00:01:06	00:47:59	00:00:50	00:20:19	01:23:39	
11	11	1	273	STANATHIOTIS	GIORGOS	M45	00:14:11	00:01:23	00:46:11	00:01:13	00:21:29	01:24:28	
12	12	2	239	PAPADOPOULOS	ANDREAS	M35	00:13:09	00:01:42	00:48:58	00:01:01	00:20:21	01:25:12	Krommidas Coaching
13	13	5	119	BOGDANOS	ILIAS	M25						01:25:16	
14	14	3	199	KYRIAZIDIS	GEORGE	M35	00:18:26	00:02:18	00:45:05	00:01:32	00:18:46	01:26:10	MYATHLETE
15	1	1	134	DIMAKI	DENIZ	F40	00:13:06	00:01:06	00:52:55	00:00:47	00:18:18	01:26:15	L_GARMIN_ADIDAS_HOLMESPLU
16	15	3	291	TSOUMAS	KONSTANTINOS	M40	00:14:24	00:01:54	00:49:04	00:01:15	00:20:29	01:27:07	
17	16	4	115	BATISTATOS	CHRISTOS	M35	00:12:28	00:01:31	00:49:30	00:01:01	00:23:46	01:28:18	
18	17	5	268	SOIS	DIMITRIOS	M35	00:13:11	00:01:09	00:51:20	00:00:52	00:22:13	01:28:47	CB TEAM
19	2	1	120	BOULMETI	JENNY	F30	00:14:47	00:01:13	00:52:05	00:00:49	00:20:19	01:29:16	NHPHIDA, Krommidas Coaching
20	18	1	197	KOULAKIS	KONSTANTINOS	M30	00:11:44	00:01:44	00:53:16	00:01:10	00:21:38	01:29:34	VODAFONE RUNNING TEAM
21	19	4	114	BAKATSIAS	THANOS	M40	00:14:16	00:01:48	00:50:41	00:00:58	00:21:56	01:29:40	

**Χρονομέτρηση και επίσημα αποτελέσματα από MyLaps Hellas**

Timing and official results by MyLaps Hellas

Rank	Rank Sex	Rank Cat	Bib	Surname	Name	Cat.	Swim	T1	BIKE	T2	RUN	TOTAL TIME	GROUP
22	20	6	194	KOTARIDIS	PANAGIOTIS	M35	00:14:43	00:01:20	00:51:46	00:01:00	00:21:20	01:30:10	NS COACHING
23	21	6	116	BAVAS	MILTADIS	M25	00:16:31	00:01:55	00:50:33	00:01:10	00:20:06	01:30:17	
24	22	1	121	CHARATSIS	EVANGELOS	M55	00:17:45	00:01:32	00:51:00	00:00:58	00:19:51	01:31:07	
25	23	7	111	ARSENIS	GIANNIS	M25	00:16:00	00:01:36	00:48:13	00:01:07	00:24:22	01:31:21	
26	24	2	241	PAPAVASILEIOU	THOMAS	M55	00:16:03	00:01:23	00:51:51	00:00:54	00:21:10	01:31:23	HTP TRAINING - PROODOS
27	3	2	210	MALAMOU	KATERINA	F30	00:15:24	00:01:29	00:51:53	00:00:56	00:21:40	01:31:24	
28	25	5	281	TRIKALIOTIS	GEORGE	M40	00:13:53	00:01:42	00:53:41	00:01:34	00:21:25	01:32:17	AGEYS (ΑΓΕΥΣ)
29	26	7	325	LARDIS	SRYROS	M35	00:15:35	00:01:34	00:52:12	00:00:53	00:22:06	01:32:23	
30	27	2	209	MALACHIAS	THEOLOGOS	M45	00:13:03	00:02:11	00:54:01	00:01:11	00:21:57	01:32:24	
31	28	8	172	KARATZOGIANNIS	NIKOLAOS	M25	00:13:45	00:01:30	00:55:16	00:01:09	00:20:48	01:32:30	
32	29	2	162	KALOGEROPOULOS	THEOXARIS	M	00:13:34	00:03:31	00:51:04	00:01:08	00:23:14	01:32:34	
33	30	2	125	CHATZELIS	KONSTANTINOS	M30	00:15:45	00:01:41	00:52:11	00:00:59	00:22:00	01:32:37	MIDAS COACHING/CHATZELIS G
34	31	9	128	DAINAS	SKARIS KONSTANTINOS	M25	00:15:06	00:01:52	00:54:30	00:01:03	00:20:59	01:33:33	
35	32	3	269	SPILIADIS	KOSTIS	M30	00:15:08	00:02:00	00:53:04	00:01:35	00:21:45	01:33:34	MYATHLETE
36	33	3	289	TSOMLEKTSOGLOU	GRIGORIS	M45	00:15:50	00:01:21	00:52:03	00:00:50	00:23:37	01:33:43	CTT/ATP TRAINING
37	34	2	284	TSAOUTOS	MICHAEL	M50	00:17:24	00:01:40	00:51:47	00:00:57	00:22:15	01:34:04	EPSA Pink Lemonade
38	35	4	296	VASILAS	STELIOS	M30	00:14:56	00:01:49	00:54:39	00:01:12	00:21:29	01:34:06	NS Coaching
39	36	5	198	KRANIOTIS	KONSTANTINOS	M30	00:14:29	00:01:40	00:55:32	00:01:06	00:21:26	01:34:15	ΣΠΟΚ ΕΥΚΛΗΣ
40	37	6	208	MALACHIAS	STEFANOS	M40	00:15:29	00:01:47	00:54:17	00:01:43	00:21:28	01:34:46	
41	38	7	279	THEODOROPOULOS	KONSTANTINOS	M40	00:17:02	00:02:13	00:51:48	00:01:30	00:22:14	01:34:49	AVRA RUNNING TEAM
42	39	8	166	KANETSIS	KOSTAS	M40	00:16:37	00:02:03	00:53:47	00:01:08	00:21:34	01:35:12	RED STAR TRIATHLON
43	4	1	213	MARLAGKOUTSOU	AGGELLIKI	F35	00:13:50	00:01:36	00:55:59	00:01:02	00:23:04	01:35:33	CBteam
44	40	8	287	TSIAPAS	PANAGIOTIS	M35	00:19:16	00:02:01	00:52:17	00:01:11	00:21:05	01:35:53	nscoaching
45	41	9	171	KARAMANIS	PARIS	M35	00:19:36	00:02:20	00:52:53	00:01:06	00:20:01	01:35:59	Saronic triathlon club

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Rank	Rank Sex	Rank Cat	Bib	Surname	Name	Cat.	Swim	T1	BIKE	T2	RUN	TOTAL TIME	GROUP
46	42	10	259	SAGIAS	MARIOS	M25	00:16:40	00:01:55	00:53:43	00:01:08	00:22:32	01:36:01	legs of steel
47	43	11	245	PERDIKIDIS	GEORGIOS	M25	00:14:14	00:02:21	00:55:57	00:00:54	00:22:54	01:36:21	
48	44	12	246	PERDIKIDIS	IRAKLIS	M25	00:14:12	00:02:24	00:55:52	00:00:57	00:22:54	01:36:22	
49	5	1	250	POLITI	KATERINA	F50	00:12:59	00:01:22	00:58:15	00:01:04	00:22:53	01:36:35	
50	45	9	333	RIGGOS	NIKOLAOS	M40	00:15:16	00:01:45	00:53:57	00:01:23	00:24:19	01:36:42	
51	46	3	159	KALOGEROPOULOS	LEONIDAS	M50	00:15:20	00:01:34	00:56:40	00:00:57	00:22:11	01:36:43	
52	47	10	328	FIRFILIONIS	GIORGOS	M40	00:11:36	00:01:54	01:00:47	00:00:46	00:21:39	01:36:44	
53	48	10	173	KARPETAS	DIMITRIOS	M35	00:13:57	00:01:43	00:55:55	00:01:06	00:24:04	01:36:47	NOLATH
54	49	4	104	ALEVRAS	STAVROS	M45	00:14:15	00:01:21	00:54:23	00:01:00	00:25:49	01:36:50	CTT
55	50	11	176	KATSIKOPOULOS	KONSTANTINOS	M40	00:16:07	00:03:05	00:54:03	00:01:27	00:22:23	01:37:07	
56	51	2	131	DANIIL	DIMITRIOS	M60+	00:19:20	00:01:56	00:54:42	00:01:18	00:20:20	01:37:38	
57	52	13	149	GKOLFINOPOULOS	ALEXANDROS	M25	00:14:58	00:02:05	00:54:22	00:01:08	00:25:16	01:37:51	TEAM POSEIDON
58	53	12	240	PAPANICOLAOU	SIMON	M40	00:18:25	00:02:47	00:52:53	00:03:15	00:20:38	01:37:59	CAMPUS CROSSFIT KIFISSIA
59	54	11	330	PANTAZOPOULOS	PANAGIOTIS	M35	00:15:42	00:02:39	00:54:40	00:01:39	00:23:20	01:38:01	POSEIDON GRAND
60	55	5	283	TSAKAGIANNIS	THOMAS	M45	00:15:15	00:02:09	00:57:58	00:01:21	00:21:17	01:38:01	HOLMES PLACE
61	56	14	275	STAVROU	KONSTANTINOS	M25	00:21:17	00:02:03	00:51:08	00:01:14	00:22:19	01:38:04	NS COACHING
62	57	15	304	VOULGARIS	LEFTERIS	M25	00:19:21	00:03:07	00:52:51	00:01:08	00:21:48	01:38:16	legs of steel
63	58	13	266	SKALTSAS	IOANNIS	M40	00:20:41	00:01:50	00:50:34	00:01:47	00:23:36	01:38:29	
64	59	12	225	MORFOPOULOS	PETROS	M35	00:14:35	00:02:50	00:59:36	00:00:44	00:21:07	01:38:55	
65	60	6	214	MARTIDIS	EVANGELOS	M30	00:19:45	00:01:28	00:53:11	00:01:13	00:23:42	01:39:22	
66	61	13	144	GENITSARELIS	SARANTIS	M35	00:17:47	00:02:31	00:51:03	00:01:18	00:26:55	01:39:35	
67	62	14	299	VIDRAS	IOANNIS	M40	00:16:21	00:02:04	00:54:24	00:01:53	00:24:52	01:39:36	AVRA RUNNING TEAM
68	6	2	260	SAKELLARI	PAGONA DANAE	F40	00:19:08	00:01:54	00:58:08	00:01:07	00:19:30	01:39:48	HOLMES PLACE
69	63	6	188	KONSTANTELLOS	FOTIS	M45	00:15:58	00:03:03	00:55:07	00:01:47	00:23:54	01:39:51	

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Rank	Rank Sex	Rank Cat	Bib	Surname	Name	Cat.	Swim	T1	BIKE	T2	RUN	TOTAL TIME	GROUP
70	64	7	154	HALIVELAKIS	NIKOLAS	M30	00:16:16	00:01:45	00:56:02	00:01:22	00:24:26	01:39:52	ATHENS TRIATHLON TEAM
71	65	8	237	PAP	GREG	M30	00:17:22	00:02:41	00:55:03	00:01:18	00:23:33	01:39:58	All Terrain Runners
72	66	16	202	LAMPSIAS	KONSTANTINOS	M25	00:15:23	00:02:40	00:59:25	00:01:02	00:21:52	01:40:25	TEAM POSEIDON
73	67	17	235	PANOPOULOS	GIANNIS	M25	00:12:34	00:02:51	01:01:26	00:01:04	00:22:27	01:40:25	TEAM POSEIDON
74	68	14	218	MICHALITSIS	ELIAS	M35	00:18:28	00:03:01	00:51:30	00:01:46	00:26:05	01:40:51	
75	69	9	148	GKIAOURIS	KONSTANTINOS	M30	00:14:53	00:03:23	00:53:44	00:01:38	00:27:14	01:40:55	
76	70	18	301	VINGOS	GEORGIOS	M25	00:16:55	00:02:13	00:57:05	00:01:14	00:23:34	01:41:03	
77	71	15	193	KOSTOPOULOS	GIANNIS	M40	00:18:01	00:02:00	00:57:14	00:01:07	00:23:12	01:41:35	UNDER ARMOUR
78	72	15	181	KIKINAS	PANAGIOTIS	M35	00:22:16	00:01:58	00:52:52	00:01:14	00:23:20	01:41:41	Imeis Ermionidas (Summit Runners)
79	73	10	177	KATSIPI	NIKOLAS	M30	00:17:34	00:02:11	00:57:35	00:01:32	00:23:06	01:41:59	
80	74	16	124	CHATZAKOS	ANASTASIOS	M40	00:15:56	00:02:38	00:57:02	00:01:35	00:24:50	01:42:03	
81	7	3	256	ROUMELIOTI	EVAGGELIA	F40	00:19:16	00:01:52	00:56:00	00:01:23	00:23:31	01:42:05	CREDO S VICTORIA
82	8	4	102	ADAOU	ATHINA	F40	00:16:30	00:01:36	00:57:43	00:01:29	00:24:56	01:42:15	HOLMES PLACE
83	75	11	322	TSAMPAS	CHRISTOS	M30	00:19:18	00:01:51	00:55:03	00:01:07	00:24:58	01:42:20	
84	9	3	168	KAPOGIANNOPOULOU	ZOI	F30	00:19:05	00:02:58	00:53:40	00:01:41	00:24:56	01:42:22	
85	76	4	155	HATZIS	TASOS	M50	00:17:39	00:02:25	00:55:57	00:01:57	00:24:29	01:42:29	
86	77	17	294	TZAVIDOPOULOS	ILIAS	M40	00:18:31	00:02:35	00:57:50	00:01:26	00:22:26	01:42:49	SNAILS RUNNING TEAM
87	78	19	253	PSARRAS	PASCHALIS	M25	00:20:00	00:05:05	00:52:52	00:01:35	00:23:51	01:43:25	
88	79	16	263	SAMIOTAKIS	PANAGIOTIS	M35	00:18:39	00:03:09	00:57:12	00:01:18	00:24:03	01:44:22	ANEMOS CHANION
89	80	20	290	TSOULAKIDIS	KONSTANTINOS	M25	00:18:31	00:02:55	00:58:13	00:01:39	00:23:05	01:44:23	MFN19 club
90	10	5	107	ALMYROUDI	ALEXANDRA	F40	00:17:42	00:02:19	00:57:23	00:01:17	00:25:42	01:44:26	
91	81	18	127	CHRISTIDIS	HARIS	M40	00:17:50	00:02:48	00:55:41	00:01:26	00:26:39	01:44:26	
92	82	17	310	ZIOTOPOULOS	GEORGIOS	M35	00:20:28	00:04:20	00:57:26	00:01:18	00:20:55	01:44:29	
93	83	21	321	SAGIAS	PANAGIOTIS	M25	00:20:28	00:02:23	00:53:51	00:01:35	00:26:19	01:44:37	Legs of Steel

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94	84	7	160	KALOGEROPOULOS	JOHN	M45	00:18:54	00:02:18	00:57:32	00:01:40	00:24:45	01:45:10	MY ATHLETE
95	11	4	169	KAPSOUROU	IZABELLA	F30	00:17:10	00:01:42	01:02:00	00:01:08	00:23:13	01:45:15	NS COACHING
96	85	18	277	STRONGYLOS	NIKOS	M35	00:21:24	00:02:13	00:57:00	00:02:28	00:22:12	01:45:18	
97	86	19	232	NOTIS	ARIS	M35	00:16:43	00:02:07	00:58:28	00:01:38	00:27:02	01:45:59	ASKLHPIOS EPIDAYROY
98	87	22	339	DAMAKALIDIS	MIKE	M25	00:19:12	00:03:33	00:58:46	00:00:54	00:23:54	01:46:20	
99	88	19	189	KONTOGEORGIS	IOANNIS	M40	00:15:33	00:01:23	01:02:35	00:00:53	00:26:02	01:46:28	PHOENIX LTD
100	89	12	317	DODOS	PANAGIOTIS	M30	00:19:52	00:02:48	00:56:00	00:01:18	00:26:31	01:46:31	
101	90	20	257	ROUPTSOS	ILIAS	M40	00:18:55	00:01:47	00:58:53	00:01:13	00:26:08	01:46:58	
102	91	8	175	KATSIGIANNIS	ATHANASIOS	M45	00:17:59	00:02:27	00:55:58	00:02:16	00:28:38	01:47:19	
103	92	13	251	PRASINOS	ZANNIS	M30	00:18:50	00:02:49	01:00:50	00:01:13	00:23:49	01:47:34	
104	93	20	335	KRIKOS	VLASIS	M35	00:16:59	00:02:47	00:59:06	00:01:30	00:27:25	01:47:49	
105	94	9	163	KALYVAS	THODORIS	M45	00:16:47	00:02:27	00:57:06	00:01:32	00:29:58	01:47:51	CTT
106	95	14	334	DOUZINAS	AKIS	M30	00:17:55	00:02:50	01:00:23	00:01:00	00:25:46	01:47:57	
107	12	1	336	MANTZOUNEA	KALLIOPI	F45	00:20:29	00:03:28	00:58:16	00:01:33	00:24:13	01:48:01	
108	96	21	195	KOTHROS	GIANNIS	M40	00:16:29	00:02:50	00:59:29	00:01:54	00:27:39	01:48:23	
109	97	10	184	KOLLIAS	DIMITRIS	M45	00:19:40	00:02:26	00:58:39	00:01:27	00:26:27	01:48:41	
110	98	15	292	TZANAKOS	KONSTANTINOS	M30	00:20:57	00:01:49	00:59:34	00:02:00	00:24:29	01:48:51	
111	99	11	112	ASPRADAKIS	STELIOS	M45	00:18:30	00:02:31	01:04:02	00:01:08	00:22:43	01:48:56	
112	100	21	229	MUNOZ	JAVIER	M35	00:16:35	00:01:49	01:02:27	00:02:39	00:25:23	01:48:56	
113	101	23	338	KARAMALIS	GIORGOS	M25	00:18:15	00:01:45	01:00:30	00:00:50	00:27:41	01:49:03	
114	102	12	147	GIOXAS	ANASTASIOS	M45	00:18:05	00:02:24	01:01:08	00:01:06	00:26:37	01:49:22	
115	103	22	206	LYKIDIS	CHARILAOS	M35	00:18:56	00:02:39	00:57:20	00:01:38	00:28:53	01:49:28	
116	104	23	230	NIKOLARAS	SOTIRIS	M35	00:19:11	00:02:54	01:00:11	00:02:15	00:25:11	01:49:44	
117	105	3	249	PETRAKIS	IOANNIS	M60+	00:19:25	00:02:22	00:57:39	00:02:17	00:28:11	01:49:56	

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118	106	22	282	TSAGKOGEOGAS	GRIGORIS	M40	00:14:45	00:02:19	01:04:44	00:01:23	00:27:19	01:50:31	SWIMMINGCLUB.GR
119	107	24	146	GIANNOULIS	ALEXANDROS	M35	00:24:36	00:02:08	00:53:31	00:01:16	00:29:08	01:50:42	KANENAZ
120	108	23	307	ZAMANAKOS	KIMON	M40	00:21:44	00:03:39	00:56:46	00:01:28	00:27:27	01:51:05	
121	109	16	224	MONTBERTRAND	MICHEL	M30	00:19:27	00:03:09	01:01:46	00:01:23	00:25:35	01:51:21	
122	110	24	254	PSYCHOGIOS	DIMITRIOS	M25	00:22:07	00:01:41	00:57:35	00:01:13	00:28:43	01:51:22	
123	111	25	187	KONSTANTAKOS	IOANNIS	M25	00:18:40	00:03:20	01:05:14	00:01:19	00:22:47	01:51:22	
124	13	2	323	STAGAKI	ELENI	F35	00:18:48	00:02:31	01:02:15	00:01:50	00:26:00	01:51:25	ANEMOS CHANIA
125	112	25	174	KASFIKIS	ACHILLEAS	M35	00:15:37	00:02:01	01:05:20	00:02:01	00:27:21	01:52:23	Athens Triathlon Team
126	113	17	242	PARISIS	SOTIRIS	M30	00:22:10	00:03:11	00:57:50	00:01:57	00:27:19	01:52:30	
127	114	13	201	LALIOTIS	VASILEIOS	M45	00:19:39	00:02:28	00:59:08	00:02:41	00:29:07	01:53:05	
128	115	26	223	MITSO TAKIS	NICOLAS	M35	00:17:38	00:02:44	01:05:08	00:01:05	00:27:04	01:53:42	
129	116	18	305	VRONTAMITIS	DIMITRIS	M30	00:19:37	00:02:43	01:03:49	00:01:00	00:27:03	01:54:14	
130	117	5	211	MANSOLAS	MATTHAIOS	M50	00:18:27	00:03:28	01:04:50	00:01:37	00:26:05	01:54:29	SWIMMINGCLUB.GR
131	118	27	151	GOMEZ	OSCAR RUBIO	M35	00:18:38	00:01:46	01:04:03	00:01:20	00:28:42	01:54:30	
132	119	6	248	PETEINOS	DIMITRIOS	M50	00:24:58	00:04:15	00:59:08	00:02:22	00:23:46	01:54:31	myathlete
133	120	28	117	BIRAKOS	IOANNIS	M35	00:25:21	00:02:33	00:55:52	00:02:25	00:28:52	01:55:04	
134	121	29	220	MINTILOGLITIS	FILIPPOS	M35	00:17:03	00:02:08	01:05:38	00:02:15	00:28:03	01:55:09	
135	122	24	101	ADAM	CONSTANTINOS	M40	00:19:02	00:03:35	01:04:15	00:01:24	00:27:22	01:55:40	HOLMES PLACE
136	123	19	191	KOSTAVARAS	KONSTANTINOS	M30	00:18:18	00:03:46	01:07:00	00:01:11	00:25:45	01:56:01	
137	124	14	153	GRAMMATAS	KLEANTHIS	M45	00:23:07	00:02:57	00:58:40	00:01:58	00:29:25	01:56:09	
138	125	30	141	FLORENCE	JOHN	M35	00:22:53	00:03:33	01:04:40	00:01:33	00:23:30	01:56:10	WIND
139	126	31	190	KORDONIS	IOANNIS	M35	00:19:39	00:03:17	00:58:33	00:01:50	00:32:54	01:56:14	SPETSLOTS SWIM AND RUN
140	127	32	298	VELAORAS	KONSTANTINOS	M35	00:25:49	00:01:33	01:01:10	00:01:37	00:26:27	01:56:37	AVRA RUNNING TEAM
141	128	15	288	TSIOLOGIANNIS	GEORGE	M45	00:17:04	00:01:58	01:04:22	00:02:04	00:31:50	01:57:21	A.O ΘΗΣΕΑΣ

**Χρονομέτρηση και επίσημα αποτελέσματα από MyLaps Hellas**  
Timing and official results by MyLaps Hellas

Rank	Rank Sex	Rank Cat	Bib	Surname	Name	Cat.	Swim	T1	BIKE	T2	RUN	TOTAL TIME	GROUP
142	129	26	226	MOSCHOVITIS	KONSTANTINOS	M25	00:21:19	00:03:02	01:03:57	00:02:25	00:27:07	01:57:52	
143	130	33	327	ROUCHOTAS	MICHAIL	M35	00:25:37	00:02:30	01:02:46	00:01:12	00:25:47	01:57:55	
144	131	27	331	ZOUBOULAKIS	PANAGIOTIS	M25	00:19:40	00:02:52	01:05:54	00:00:58	00:28:30	01:57:57	
145	14	1	332	VELISSARIOU	ELENA	F25	00:20:52	00:02:47	01:03:31	00:01:24	00:29:42	01:58:19	
146	132	3	286	TSEKAS	MARKOS	M	00:19:29	00:02:40	01:07:20	00:01:15	00:28:15	01:59:01	
147	133	3	320	PAPADOGEORGIS	KONSTANTINOS	M55						01:59:03	
148	134	34	142	FORIPIS	KONSTANTINOS	M35	00:21:46	00:01:06	01:09:50	00:00:40	00:26:34	01:59:58	SPETSES RUNNING TEAM
149	135	25	200	LAGOS	STAVROS	M40	00:16:25	00:01:53	01:04:40	00:01:44	00:35:54	02:00:36	LEANDROS
150	136	28	233	ORTAKIS	VASSILIS	M25	00:17:15	00:02:23	01:07:16	00:01:20	00:32:21	02:00:38	
151	137	7	183	KLETSAS	VASSILIS	M50	00:21:33	00:02:09	01:05:11	00:01:21	00:30:22	02:00:38	
152	138	26	217	MICHAILIDIS	VICTOR	M40	00:19:35	00:02:51	01:09:33	00:01:47	00:27:28	02:01:15	CTT
153	15	6	324	KONTOU	ACHILLEIA	F40	00:18:24	00:02:58	01:11:19	00:01:41	00:26:56	02:01:20	
154	139	16	161	KALOGEROPOULOS	ANTONIOS	M45	00:21:29	00:02:50	01:10:03	00:01:20	00:25:48	02:01:33	BALTIZA IRON
155	16	3	267	SKINNER	JESSICA	F35	00:19:35	00:04:03	01:07:50	00:01:43	00:28:37	02:01:50	
156	140	17	316	KOSVOGIANNIS	ALEXANDROS	M45	00:17:45	00:04:13	01:05:05	00:01:43	00:33:04	02:01:52	
157	141	35	113	ATHANASOPOULOS	DIMITRIOS	M35	00:20:09	00:03:34	01:09:35	00:01:16	00:29:12	02:03:48	
158	142	4	205	LOURANTOS	XENOFON	M60+	00:19:59	00:03:56	01:07:58	00:02:40	00:29:49	02:04:25	Athens Triathlon Team
159	17	5	297	VASILOPOULOU	STEFANIA	F30	00:21:58	00:02:56	01:10:36	00:01:12	00:27:45	02:04:30	
160	143	8	302	VLACHODIMITROPOULOS	KONSTANTINOS	M50	00:26:06	00:03:09	01:07:51	00:01:00	00:26:56	02:05:03	HOLMES PLACE
161	144	18	167	KANTARTZIS	GRIGORIOS	M45	00:18:45	00:06:24	01:08:48	00:02:43	00:28:41	02:05:23	HOLMES PLACE
162	18	1	262	SAMAROPOULOU	ALIKI	F55	00:23:47	00:02:03	01:07:04	00:01:41	00:31:23	02:06:00	HOLMES PLACE
163	19	2	182	KIRPOTIN	LIUDMILA	F50	00:20:04	00:04:36	01:12:55	00:02:31	00:27:18	02:07:26	Red Star
164	20	4	133	DIAMANTIDI	KRYSTALIA	F35	00:15:05	00:02:18	01:17:27	00:01:26	00:31:38	02:07:55	
165	21	2	137	FAIS	LUCY	F25	00:21:05	00:02:33	01:07:59	00:01:40	00:34:53	02:08:12	UNDER ARMOUR

**Χρονομέτρηση και επίσημα αποτελέσματα από MyLaps Hellas**  
Timing and official results by MyLaps Hellas

Rank	Rank Sex	Rank Cat	Bib	Surname	Name	Cat.	Swim	T1	BIKE	T2	RUN	TOTAL TIME	GROUP
166	145	36	329	ANDRIOPOULOS	NIKIFOROS	M35	00:21:05	00:02:35	01:07:56	00:01:50	00:34:45	02:08:13	
167	22	3	295	VALIANOU	MYRTO	F25	00:19:36	00:01:45	01:14:12	00:01:24	00:32:11	02:09:10	
168	146	1	215	MAVROPOULOS	ARIS	M18	00:16:35	00:04:06	01:17:42	00:01:02	00:31:08	02:10:35	
169	147	9	236	PANTELEIOU	SAVVAS	M50	00:29:25	00:04:06	01:10:45	00:01:38	00:27:43	02:13:38	
170	148	29	285	TSAPELAS	DIMITRIS	M25	00:24:51	00:01:41	01:21:27	00:00:50	00:25:36	02:14:27	
171	23	2	306	WOLFENSOHN	GALIT	F45	00:23:53	00:03:39	01:17:21	00:02:18	00:27:54	02:15:06	
172	149	37	340	PANAGIOTOU	CHRISTOS	M35	00:20:03	00:04:50	01:20:27	00:01:26	00:29:08	02:15:54	
173	150	19	180	KEFALAS	YANNIS	M45	00:18:10	00:05:06	01:14:39	00:02:10	00:36:14	02:16:22	CTT
174	151	38	219	MILIDONIS	VASILIS	M35	00:17:37	00:04:01	01:13:41	00:00:59	00:43:05	02:19:26	
175	152	27	178	KATSOURAS	GEORGIOS	M40	00:23:05	00:07:10	01:23:08	00:01:08	00:25:52	02:20:26	Tsunami GioMa
176	153	28	139	FILIPPOU	THOMAS	M40	00:26:37	00:03:14	01:16:33	00:01:52	00:32:55	02:21:13	
177	154	39	337	SIMEONIDIS	PANTELIS	M35	00:25:35	00:04:01	01:21:08	00:01:23	00:29:19	02:21:27	
178	24	5	126	CHONTZOPOULOU	CHRYSOULA	F35	00:23:41	00:05:36	01:18:34	00:01:10	00:33:01	02:22:03	
179	155	10	319	VAROTSIS	MARIOS	M50	00:25:05	00:07:45	01:15:31	00:02:04	00:31:49	02:22:16	
180	25	6	103	AKRIOTI	HARA	F30	00:17:42	00:03:23	01:24:14	00:01:59	00:34:57	02:22:16	HOLMES PLACE
181	26	7	308	ZARANI	KALLIOPI	F40	00:22:53	00:05:02	01:25:45	00:01:59	00:27:28	02:23:08	MARATHON CLUB
182	156	29	207	MACHAIRAS	PETROS	M40	00:28:54	00:04:45	01:16:18	00:01:18	00:34:09	02:25:25	
183	27	7	140	FLIGKOU	IOANNA	F30	00:24:35	00:03:44	01:22:10	00:01:57	00:34:34	02:27:02	
184	28	8	186	KONSTANTAKOPOULOU	EFTICHIA	F30	00:32:48	00:05:51			00:30:39	02:29:56	AVRA RUNNING TEAM
185	157	4	234	PANARITIS	VASILIOS	M55	00:36:39	00:05:22	01:23:07	00:03:21	00:36:11	02:44:42	
186	158	30	293	TZANETIS	KONSTANTINOS	M40	00:33:47	00:06:50	01:32:12	00:01:33	00:30:44	02:45:08	AVRA RUNNING TEAM
187	159	20	341	ALIFARMAKIS	CHRISTOS	M30	00:33:27	00:08:57	01:23:10	00:02:12	00:41:34	02:49:23	